



Ver1.2 IASCD Complaint

## **Intravenous (IV) Sedation Information Sheet**

### **What Is IV Sedation?**

IV sedation typically uses a drug called midazolam, which is administered through a small flexible tube called a cannula, placed into a vein in your arm or hand. You may feel a brief scratch as the cannula is inserted. Sometimes more than one attempt may be needed if veins are difficult to access.

You will remain conscious but relaxed, and many patients experience partial or total memory loss of the procedure. The dentist and team are trained to monitor you throughout the procedure using appropriate equipment.

### **Benefits of IV Sedation**

- Reduces anxiety and discomfort
- Allows treatment to proceed smoothly
- Often results in partial or complete amnesia of the procedure

### **Fasting Instructions (Nil by Mouth)**

- Do not eat for at least 4 hours before your appointment
- Clear fluids (e.g., water) may be consumed up to 2 hours before

### **Before Your Appointment**

- Wear loose, comfortable clothing with short sleeves
- Remove nail polish, excess makeup, and jewellery
- Do not bring children or valuables
- Take your routine medications, unless advised otherwise
- Bring a list of current medications
- Contact lenses may need to be removed — bring your glasses if needed

- If you feel unwell, call us on 01702 467133

### **Important Medical Considerations**

Inform your dentist if you:

- Have any medical conditions
- Take any regular medications
- Have had past complications with sedation or anaesthesia
- Are pregnant or breastfeeding

### **Diabetic Patients (Type 1)**

- Check your blood glucose levels before your appointment
- Ideal pre-sedation range: 7–10 mmol/L
- Maintain regular meals and insulin dosing after the procedure

### **During and After the Procedure**

- Sedation will be administered by a trained clinician using a cannula
- Local anaesthetic will be used to numb the treatment area
- You may feel sleepy or unsteady for several hours afterward
- Do not drive, cook, supervise others, or make major decisions for 24 hours
- Avoid using the internet or making purchases due to impaired judgment

### **Aftercare Instructions**

- You must be accompanied home by a responsible adult (18+) who can stay with you for the rest of the day
- Rest is strongly recommended
- Follow all post-treatment and medication instructions
- You will be given a contact number for emergencies: 01702 467133

### **Risks of Sedation**

- Drop in oxygen levels (you may be asked to take deep breaths)
- Bruising at the cannula site
- Rarely: allergic reaction or nausea

Your dentist will discuss all concerns with you before the procedure.

### **Consent**

You will be asked to provide written, informed consent confirming you:

- Understand the procedure, risks, and aftercare
- Have had the chance to ask questions
- Are aware of alternative options such as treatment with only local anaesthetic or oral sedation

### **Still Have Questions?**

Please speak to your dentist if you have any doubts or need clarification.

### **Patient Escort Information**

If you are accompanying a patient receiving IV sedation:

- Be present when the patient is discharged
- Stay with them for the rest of the day
- Monitor them for drowsiness or disorientation
- Do not allow them to drive, supervise others, or use appliances
- For diabetic patients: ensure they eat appropriately and monitor their glucose for 8 hours

If you have any concerns, contact the clinic: 01702 467133 Southend.